

Laton Unified School District
003 - Laton High School
High School February 2019 BREAKFAST

Jan 31, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 CEREAL, VARIETY Breakfast Bun Quesadilla Concha Cheese Stick Apple Juice Mixed Fruit Oranges Milk Chocolate Milk
Feb - 4 CEREAL, VARIETY Sausage & Cheese Bis Hashbrown Apple Juice Grapes Red Apple Milk Chocolate Milk Ketchup	Feb - 5 Cereal Chocolate Donut Powdered Donuts Milk Chocolate Milk Strawberries Orange Juice	Feb - 6 Cereal WG Breakfast Pizza PB Wafer Apricot Apple Juice Yogurt Strawberry Craisins Milk Chocolate Milk	Feb - 7 Cereal Mini Pancake French Toast Sticks Syrup Oranges Apple Juice Chocolate Milk Milk	Feb - 8 Cereal Cinnamon Roll Zucchini Bread Mixed Fruit Yogurt Cheese Stick Apple Juice Chocolate Milk Milk
Feb - 11 HOLIDAY	Feb - 12 Cereal Sausage & Cheese Bis Hashbrown Apple Juice Oranges Red Apple Milk Chocolate Milk Ketchup	Feb - 13 Cereal Zucchini Bread WG Choc-Chip Muffin Strawberry Craisins Yogurt Apple Juice Mixed Fruit Chocolate Milk Milk	Feb - 14 Cereal PB Wafer Taco 2 Go Cheese Stick Salsa Apple Juice Diced Peaches Milk Chocolate Milk	Feb - 15 Cereal Quesadilla Marshmallow Mateys Cheese Stick Sun Cup Juice Mixed Fruit Apple Slices Milk Chocolate Milk
Feb - 18 HOLIDAY	Feb - 19 Cereal Sausage & Cheese Bis Hashbrown Apple Juice Oranges Red Apple Milk Chocolate Milk Ketchup	Feb - 20 Cereal Cinnamon Roll Breakfast Bun Strawberry Craisins Yogurt Cheese Stick Apple Juice Oranges Chocolate Milk	Feb - 21 Cereal WG Breakfast Pizza PB Wafer Diced pears Apple Juice Strawberry Craisins Milk Chocolate Milk	Feb - 22 Cereal Mini Pancake French Toast Sticks Syrup Pineapple Tidbits Oranges Apple Juice Chocolate Milk Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 25 Cereal Sausage & Cheese Bis Hashbrown Apple Juice Oranges Red Apple Milk Chocolate Milk Ketchup	Feb - 26 Cereal Chocolate Donut Powdered Donuts Milk Chocolate Milk Strawberries Orange Juice	Feb - 27 Cereal Breakfast Bun Marshmallow Mateys Apple Juice Gogurt Mixed Fruit Apple Slices Milk Chocolate Milk	Feb - 28 Cereal Pop Tart Goody Ring Yogurt Apple Slices Orange Juice Milk Chocolate Milk	

"Menu is subject to change with out any prior notice"

CAFETERIA'S CHOICE: MAY INCLUDE ANY 2 DAILY ENTREE MENU ITEMS SERVED DURING THE MONTH

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.