

Laton Unified School District

001 - Laton Elementary LES/Conejo March Lunch 2019 & Early Learning Center "Menu is subject to change"

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Cafeteria's Choice Carrot Sticks Salad Mix Ranch Dressing Oranges Milk Chocolate Milk
Mar - 4 FB Cheese Pizza Salad Mix Cucumber Ranch Dressing Oranges Milk Chocolate Milk Tapatio	Mar - 5 Chicken Taquito RICE Apple Slices Salad Mix Ranch Dressing Carrot Sticks Cucumber Milk Chocolate Milk Tapatio	Mar - 6 BEAN BURRITO Carrot Sticks Salad Mix Ranch Dressing Kiwi/Strawberry Cup Milk Chocolate Milk	Mar - 7 Spaghetti Spaghetti and MeatSa Breadstick Carrot Sticks Orange Juice Cucumber Milk Chocolate Milk	Mar - 8 Cheese Breadsticks Apple Slices Salad Mix Sliced Cucumbers Ranch Dressing Chocolate Milk Milk
Mar - 11 Hoagie Salad Mix Ranch Dressing Sun Chips Oranges MUSTARD Milk Chocolate Milk	Mar - 12 Beef Burger French Fries Mixed Fruit Cucumber Ranch Dressing Chocolate Milk Milk Ketchup	Mar - 13 Teriyaki Beef Dunkers Fortune Cookie Broccoli Carrot Sticks Apricot Chocolate Milk Milk	Mar - 14 Chicken Tenders Tator Tots Carrot Sticks Salad Mix Ranch Dressing Kiwi/Strawberry Cup Milk Chocolate Milk	Mar - 15 PB & J Sandwich Corn Salad Mix Ranch Dressing Strawberries Milk Chocolate Milk
Mar - 18 Pizza-Pep Kiwi/Strawberry Cup Carrot Sticks Cucumber Chocolate Milk Milk Ranch Dressing	Mar - 19 Chicken Sandwich Apple Slices French Fries Salad Mix Milk Chocolate Milk Ranch Dressing	Mar - 20 Chili Dog Tator Tots Cucumber Carrot Sticks Ranch Dressing Diced Peaches Milk Chocolate Milk Tapatio	Mar - 21 MEAT LOAF Mashed Potatoes Chicken Gravy Garlic Breadstick Corn Cucumber Strawberries Milk Chocolate Milk	Mar - 22 Cheese Breadsticks Marinara Cup Kiwi/Strawberry Cup Carrot Sticks Cucumber Chocolate Milk Milk Ranch Dressing
Mar - 25 Grilled Cheese SALAD, TOSSED Apple Slices Carrot Sticks Ranch Chocolate Milk MILK, 1% Lowfat	Mar - 26 Drumstick Mashed Potatoes Broccoli Carrot Snackers Apple Juice Ranch Dressing Chocolate Milk Milk	Mar - 27 Double Dogs Tator Tots BROCCOLI, raw CORN Carrot Snackers Ranch Dressing Kiwi/Strawberry Cup Milk Chocolate Milk	Mar - 28 Taco Spanish Refried Beans Cucumber Carrot Snackers Ranch Dressing Sun Cup Juice Milk Chocolate Milk	Mar - 29 Cheese Pizza Salad Mix Ranch Dressing Carrot Sticks Apple Slices Milk Chocolate Milk

"Menu is subject to change with out any prior notice"
CAFETERIA'S CHOICE: MAY INCLUDE ANY 2 DAILY ENTREE MENU ITEMS SERVED DURING THE MONTH

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.