# Afterschool Program Menu
**LES and LHS**  
**January 2022**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td><em><strong>Winter Break</strong></em></td>
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| *NO SCHOOL TODAY* | Cheese w/Cheese Cracker  
Carrot Snackers  
Apple Juice | Apple Jacks  
Cheese Stick  
Milk, 1%-White | Gogurt Yogurt  
Mixed Fruit Cup  
Orange Juice | Pop Tart  
Craisins-Strawberry  
Milk, 1%-White |
| 17     | 18      | 19        | 20       | 21     |
| ***HOLIDAY*** | Bug Bites  
Pear Cup  
Milk, 1%-White | Goldfish Crackers  
Cheese Stick  
Apple Juice | Scooby Snacks  
Carrot Snackers  
Milk, 1%-White | Nutri-Grain Cereal Bar  
Juice Fruit Punch  
Cheese Stick |
| 24     | 25      | 26        | 27       | 28     |
| Bug Bites  
Craisins-Strawberry  
Milk, 1%-White | Cheez-Its  
Mandarin Orange Cup  
Milk, 1%-White | Pretzel Twist  
Carrot Snackers  
Juice Cranberry | Cereal Bar  
Cheese Stick  
Milk, 1%-White | Gogurt Yogurt  
Mixed Fruit Cup  
Orange Juice |
| 31     |         |           |          |        |
| Pop Tart  
Carrot Snackers  
Milk, 1%-White |         |           |          |        |

This institution is an equal opportunity provider.